



Cranky
LITTLE CHEF

17 MEALS FOR \$17_{EA}

Members \$17, Visitors \$22

AVAILABLE FOR LUNCH MONDAY TO FRIDAY from 11.30am to 2.00pm

House made Irish Stew slow cooked lamb vegetables & barley in a rich gravy sauce served with creamy mash & peas

Beef & Bacon Cheeseburger beef patty, bacon, cheeseburger sauce pickles, toasted milk bun & served with chips

Paprika Chicken Salad brown rice, quinoa, curly parsley, mint leaves, rocket, fennel & pomegranate molasses

Chilli Prawn Linguini *I* pasta tossed with king prawns, with onion, garlic, chilli, basil, parsley & olive oil, served in a rich nap sauce with parmesan cheese & garlic bread

Bangers & Mash two thick beef sausages, served with mashed potato, peas & gravy

Italian Sausage & Salami Pizza tomato base, sliced Italian sausage, calabrese salami, red onion, olives & mozzarella

Barramundi Fillet *GF, I* baked & served with mashed potato, steamed vegetables & lemon butter sauce

BBQ Baby Back Pork Ribs ½ rack glazed with honey, soy & garlic, served with chips & salad

Rump Steak Char-Grilled *GF* 250gm grain fed rump steak, served with chips & salad

Chicken Breast Schnitzel crumbed chicken breast fillet served with chips & salad

Battered Fish & Chips *I* battered fish fillets, served with chips & salad

Lamb Shank *GF* braised with tomato, onion & mixed herbs, served with mash potato & steamed vegetables

Wild Mushroom Risotto *V* mushrooms, onions and garlic, mixed with rice & served with parmesan cheese

Garlic Prawns *I* 6 king prawns cooked in a rich napolitana garlic tomato sauce, served with steamed rice

Fried Chicken Tacos 3 soft tortillas filled with lettuce, southern fried chicken, tomato salsa, chipotle aioli & guacamole

Combination with Oyster Sauce *I* beef, chicken & prawns, stir-fried with mixed vegetables in an oyster sauce, served with steamed rice

Szechuan Chicken with seasonal vegetables tender sliced chicken & served with steamed rice

Sauces Available: Dianne (GF), Mushroom (GF), Pepper (GF) or Gravy (GF) – Member \$3.5ea | Visitor \$3.8ea

PIZZA

12" INCH

Margherita *V* tomato base, mozzarella & fresh herbs
M 20.0 | V 23.0

Hawaiian tomato base, mozzarella, ham & pineapple
M 24.0 | V 26.0

NEW Italian Sausage tomato base, pork & fennel mince, sliced potato, parsley & mozzarella cheese
M 26.0 | V 29.0

BBQ Chicken bbq base, mozzarella, chicken, onion, capsicum & bbq sauce
M 23.5 | V 26.0

Meat Lovers tomato base, mozzarella, salami, ham, bacon, cabanossi & onion
M 24.5 | V 27.0

NEW Supreme Vegetarian *V* tomato base, capsicum, olives, sundried tomato, eggplant, zucchini & mozzarella topped with fresh basil & drizzled with pesto mayo
M 24.0 | V 27.0

NEW Mexicana tomato base, chilli con carne, jalapeno, mozzarella & topped with sour cream
M 25.0 | V 28.0

Garlic Prawn *I* tomato base, mozzarella, cherry tomato, prawns, feta, baby spinach & garlic sauce
M 26.0 | V 28.0

Supreme Deluxe tomato base, mozzarella, salami, ham, bacon, pineapple, olives, onion, mushrooms & basil
M 27.0 | V 29.0

Seafood Deluxe *I* tomato base, mozzarella, baby spinach, garlic sauce, prawns, mussels, octopus, scallops & chilli
M 28.0 | V 31.0

*GF = Gluten Free, V=Vegetarian
I = Imported, A = Australian, M = Mixed Origin*

Please note chips are not gluten free. Some meals highlighted as Gluten Free on our menu may require you to change your order at our cashier, from chips to mash potato to ensure your meal is Gluten Free

Mama CHOW

SOUPS

Wonton Soup I with 6 pork & prawn wontons, bok choy & shallots (add noodles to soup \$2.20 extra)	18.0	21.0
Combination Laksa I with chicken, beef, pork asian greens, chilli, coconut milk, glass noodles & shallots	21.9	24.0
NEW Hot & Sour Chicken Soup with shredded chicken, mushrooms, shallots & chicken broth	16.0	18.0

FAVOURITES

Mama Chow Special Fried Rice I small plate size	14.0	16.0
large plate size	19.0	23.0
Chicken & Prawn Stir-Fry chicken & prawns mixed with chilli, garlic, soy and vegetables	25.0	28.0
NEW Mapo Tofu silkan tofu, pork mince, szechuan peppercorn & soy sauce served with steamed rice	21.9	24.0
NEW Ham & Spinach Omelette ham, spinach, shallots, onion, fresh eggs, topped with soy & oyster sauce served with steamed rice	19.0	23.0
NEW Shaking Beef (Bo Luc Lac) diced tender beef with capsicum, onions, carrots, soy & oyster sauce, served with steamed rice	24.0	25.0
Singapore Noodles I thin rice noodles cooked with prawns, chicken & vegetables	21.9	25.0
NEW Crispy Orange Chicken battered chicken with shallots in a tangy sweet orange sauce served with steamed rice	22.5	24.0
Change to Fried Rice	extra 4.0	5.0
Or Special Fried Rice	extra 9.0	11.0

DUMPLINGS

Minimum order for dumplings is 3,
all served with your choice of sauce

Pork & Prawn Shumai I served steamed or fried	3.0 ^{ea}	3.5 ^{ea}
BBQ Pork Bun served steamed	3.0 ^{ea}	3.5 ^{ea}
Pork Dim Sim I served steamed	3.0 ^{ea}	3.5 ^{ea}
NEW Pork Xiaolongbao I served steamed	3.0 ^{ea}	3.5 ^{ea}
Duck & Pork Spring Roll	3.0 ^{ea}	3.5 ^{ea}
Vegetable Spring Roll V	3.0 ^{ea}	3.5 ^{ea}
Vegetable Dumpling V served steamed	3.0 ^{ea}	3.5 ^{ea}
Deep Fried Prawn & Pork Dumpling I	3.0 ^{ea}	3.5 ^{ea}
Prawn Dumpling I served steamed	3.0 ^{ea}	3.5 ^{ea}
Mixed Steamed Dumplings Plate (8) I 2 pork & prawn shumai, 2 prawn dumplings, 2 vegetable dumplings, 2 bbq pork buns	22.0	26.0
Mixed Deep-Fried Dumplings Plate (8) I 2 pork dumplings, 2 duck & pork spring roll, 2 vegetable spring rolls, 2 pork & prawn shumai	22.0	26.0

SAUCES AVAILABLE: SOY, FRESH CHILLI & SOY, SWEET CHILLI & HOT CHILLI

NOODLES & STIR-FRYS

- NOODLES TYPE:**
Thin Egg | Hokkien | Thick Flat Rice | Pad Thai

OR RICE TYPE:
Steamed rice included with meal
Change to Fried Rice **M 4.8** | **V 5.0** extra
Or Special Fried Rice **M 9.0** | **V 11.0** extra
- CHOOSE FILLING:**
Chicken | Beef | Pork | Tofu | Calamari
Prawns **I** \$3.50 extra
Combination \$3.90 extra
- CHOOSE NOODLE SAUCE:**
Satay, Chilli Singapore, Pad Thai, Black Bean,
Sweet & Sour, Oyster, Curry Sauce or Mongolian

\$19.90
MEMBERS
VISITORS \$23

BREADS

Dinner Roll	1.8	2.0
Garlic Bread	9.0	10.0
Bruschetta Pizza V topped with tomato, spanish onion, fresh basil & balsamic reduction	20.0	23.0
Garlic & Cheese Pizza V garlic, mozzarella and olive oil	16.0	18.0

FAVOURITES

Sydney Rock Oysters GF, A served natural with ponzu sauce and lemon	1/2 Doz 25.0 Doz 40.0	28.0 44.0
Oysters Kilpatrick A Sydney rock oysters topped with bacon and worcestershire sauce then grilled	1/2 Doz 27.0 1 Doz 42.0	30.0 46.0
Chicken Parma topped with an Italian tomato sauce, ham, mozzarella and parmesan cheese	27.0	31.0
Seafood Basket I assorted seafood's, served with chips, salad, lemon & tartare sauce	27.0	30.0
Greek Salad GF, V lettuce, cucumber, onion, tomato, fetta, olives with house dressing	19.0	21.0
Chicken Caesar Salad grilled chicken breast, cos lettuce, crispy bacon, served with croutons, shaved parmesan cheese and boiled egg, tossed in a caesar dressing	27.0	30.0
Beef and Bean Nachos served with tomato salsa, guacamole, sour cream & corn chips	22.0	25.0
NEW 1kg Fried Chicken Wings served naked or with house made buffalo sauce with a side of celery sticks & ranch sauce	24.0	27.0

KIDS MEALS

Minute Steak and Chips	14.0
Bambino Cheese Pizza 6"	14.0
Crumbed Chicken Bites and Chips	14.0
Battered Fish Fingers and Chips I	14.0
Spaghetti Bolognese	14.0

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Please note that some menu items may contain traces of nuts, dairy, egg, soybean,
or shellfish. Please inform our cashier at time of order if you suffer from any allergies

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